

ORGANIZATION EXCELLENCE SERIES

Senior Leader Development

Training Description

In today's workplace, success requires more than technical expertise – it demands the ability to create energy, resilience, and meaning at both individual and organizational levels. The Positive Leadership Program equips participants with evidence-based practices that help leaders cultivate thriving teams and high-performing cultures. By applying principles of Positive Psychology and Positive Organizational Development, participants will learn how to foster abundance, build energy networks, give constructive feedback, set Everest Goals, and align leadership practices with the Competing Values Framework (CVF). Through experiential activities, case studies, and reflection, leaders will gain practical tools to sustain performance and inspire extraordinary results.

Training Duration 2 Days

Who Should Attend?

▶ Managers, executives, professionals, and business owners seeking to build positive workplace cultures.

▶ Leaders wanting to refine coaching skills to develop resilient and high-performing teams.

▶ Professionals working across generational groups (Millennials, Gen X, Gen Y) within the same organization.

▶ Individuals interested in evidence-based leadership practices to enhance engagement, collaboration, and innovation.

▶ Leaders seeking to refine management skills to develop high-performing, positive teams



Workshop Learning Objectives

By the end of this training, participants will be able to:

01 Create and sustain a culture of abundance in the workplace.

02 Develop and nurture positive energy networks for engagement and growth.

03 Deliver constructive (negative) feedback in ways that motivate and uplift.

04 Establish and achieve Everest Goals – ambitious yet inspiring targets.

05 Apply Positive Leadership principles within the Competing Values Framework (CVF).

06 Improve productivity and profitability using competing competencies

07 Integrate positive psychology into daily leadership practices.

08 Enhance resilience, adaptability, and collaboration across diverse teams.