

BEHAVIOURAL EXPERTISE SERIES

Unlocking Your Leadership Potential By Understanding Your Personality

Training Description

This intensive leadership development program unlocks leadership potential through self-awareness and understanding personality type dynamics. Participants will explore how personality type influences leadership styles, decision-making, communication, and team management. The training combines personality type assessments, leadership case exercises, and practical application to help leaders flex their natural style, embrace diverse perspectives, and enhance team effectiveness in today's complex, fast-changing environment.

Training Duration 2 Days

Who Should Attend?

▶ Frontline leaders, new managers, and team supervisors

▶ Project leaders managing cross-functional teams

▶ Anyone seeking deeper self-awareness and leadership growth

▶ HR and L&D professionals

▶ Professionals preparing for leadership roles



Workshop Learning Objectives

By the end of this training, participants will be able to:

01 Understand their MBTI® type and how it influences leadership preferences.

02 Apply type awareness to strengthen communication and motivation strategies.

03 Recognize leadership strengths, blind spots, and create self-coaching plans.

04 Adapt leadership styles to meet diverse team and organizational needs.

05 Use MBTI® to improve decision-making, problem-solving, and collaboration.

06 Develop strategies to move beyond comfort zones for sustainable growth.

07 Apply MBTI® insights to influence, engage, and inspire others.

08 1. Build a personal leadership action plan for long-term development.